

Post-Op Bra Suggestions:

Please note: These are just bra *suggestions*. You do not have to purchase a bra listed in this document. Ideally, your post-op bra should have no under wire, a front zipper (for convenience—hook and eye closure is also OK), thick straps for comfort and a lower elastic band that is positioned below the incision sites to prevent irritation. When used correctly, surgical compression bras will reduce swelling, protect, and stabilize the breast area during the surgery recovery period. Depending the return policy, we sometimes recommend the purchase of two bras due to the swelling factor.



Amoena Patricia Compression Bra #2863

The Amoena Patricia Front-Closure Compression Vest features a plush-feeling Naturexx® blend fabric that wicks moisture away from the body and dissipates body heat. The fabric also offers a 2-way stretch for ultimate comfort.

www.metromedicalonline.com (866) 774-9513

\$72



Yesmina-Z Front Zippered Cotton Medical/Sports Bra Style# 457Z

The Yesmina bra provides the compressive support of a sports bra with an adjustable front hook & eye closure for easy application and adjustment.

Www.DesignVeronique.com (800) 442-5800

\$51.95

Or: www.makemeheal.com for **\$51.90 (866) 363-4325**



The Last Resort Bra #313801

If you've tried every bra out there and still bounce, try this one. Our testers say it completely eliminates bounce. Literally, you won't move, and that's a beautiful thing. Sturdy nylon/spandex construction. We recommend this as the workout bra of choice for D, DD and DDD cups who don't want to bounce at all.

www.TitleNine.com (800) 609-0092

\$62-\$65

Post-Op Bra Suggestions:



Glamorise Soft Shoulders Comfort Back Support Bra G-1275

The Glamorise Soft Shoulders Comfort Back Support Bra, from the Glamorise bra collection, is a wireless bra designed to flatter the full figure. With paneled cups that feature pretty sheer lace at the tops and an adjustable front closure, this Glamorise bra has inner cup slings for shaping and support. The wide, cushioned straps on the Glamorise Soft Shoulders Comfort Back Support Bra ensure all-day comfort.

www.freshpair.com (866) 373-7472

\$40.99

Rainey Breast Surgery Support Bra Model#: A1

Made of a strong, breathable and lightweight compression fabric (100%-latex free) that feels good next to the skin and featuring quick and easy adjustable shoulder straps and adjustable hook and eye front closure, the Breast Support Bra helps improve blood circulation, minimizes swelling after the procedure, keeps the implants in their correct position (if you're having an augmentation), flushes the body out of potentially harmful fluids, accelerates the healing process, and allows the patient to return to daily routines sooner.

www.makemeheal.com (866) 363-4325

\$50.92



Women's Front and Back Full Coverage Compression Bra with Zipper Product ID: FVNSZ

Women's Front and Back Full Coverage Compression Bra with Zipper is a sleeveless female vest made of F5 certified fabric. With Velcro adjustable shoulders and a center zipper opening. This bra is a great choice for a breast reduction procedure as well as for other breast procedures for a large-breasted patient.

www.plasticsurgeryshop.com (570) 743-7616

\$55.50



Post-Op Bra Suggestions:



Sports Bra Molded Cups Front Zipper by Contour Product SKU: 42-SBP

Your comfort and results were in mind with Contour's Sports Bra with Molded Cups. The compression bra Style 42 provides compression, support and comfort with a light breathable fabric. This post surgical bra features molded cups, a front zipper and racer-back style and is recommended for after surgery recovery after any breast procedure. As your body heals, the Style 42 compression bra helps stabilize the implants for more even and natural results.

www.contourmd.com (800) 331-6990

\$54.60

Breast Augmentation Sports Bra with Zipper By Marena Group
#SB4Z

Breast Augmentation Sports Bra with Zipper - Marena's Breast Augmentation Sports Bra with Zipper is one of their most popular bras, the SB4Z is a racer-back sport-bra design with a center zippered opening. It is made of F5 certified fabric and can be used for exercise, as a third-stage garment, or right after a breast procedure such as augmentation.

www.PlasticSurgeryShop.com (570) 743-7616

\$47



Champion Double Dry Zipper Front No Wire Sports Bra

Item Number: 1699

Wireless, full cups provide comfortable support and encapsulation. Zippered front for convenience. This medium to high impact control sports bra is made of a stretch nylon blend. Silky Double Dry fabric wicks sweat to keep you dry. Adjustable sides for a perfect fit. Sleek molded cups offer naturally shapely support. Inner slings for additional support. Lightly lined cups prevent show-through. Mesh panels add cool ventilation. Sporty mesh racer-back styling. Tag-less for comfort. Comfort straps gently cushion the shoulders. Easy access full front zipper with cushioned placket. Padded comfort straps.

www.herroom.com (800) 558-6779

\$46

Post-Op Bra Suggestions:



The Intuition® Recovery Bra

The Intuition® Recovery Bra is designed to provide all of the comfort support and breathe-ability you'll need for an easier recovery. Sleek, stylish and fully customizable, the Intuition® Recovery Bra is 100 percent made in America. Dermatologist tested and FDA approved lining that is wire-free and non-latex to achieve optimal benefits through compression and support therapy. Reinforced, breathable two-way stretch pattern to add support and assist back muscles. Front closure zipper for ease of use. Non-chaffing and two-way adjustable straps throughout for a fully customizable fit as swelling decreases. Soft and durable lower band that is positioned below the incision sites for comfort and to prevent irritation. This bra also has a fully compatible line of accessories that were designed to maximize your comfort.

www.postopbra.com (855) 368-3465

\$158

Enell Sports Bra Item #ENELL01

The soft fabric feels good against the skin, yet offers strength for superior comfort, and it won't ride up when you are working hard. Breasts are completely secured for minimal bounce. Easy front hook-and-eye closure; close hooks from bottom to top for best fit. Allows arm freedom and no restriction of movement. Full back with a crisscross straps offers excellent support. Also, an ideal bra for post-operative breast reconstruction patients

www.freshpair.com (866) 373-7472

\$64.00



Lady Grace®
INTIMATE APPAREL

Lady Grace is also a great local resource with store locations in Massachusetts, New Hampshire and Maine.

Please visit their website at www.LadyGrace.com or call them at 800-922-0504